

Everyone's a Counselor
Biblical Counseling and a Theology of Humanity – Chapter 7

Quotes are from the Bible or the book, A theology of Biblical Counseling by Heath Lambert

Humanity: Made in the Image of God:

Gen 1:26 “Then God said “Let us make man in our image. After our Likeness”

“God made Human Beings in his own image to be similar to him and to portray his Character”

Three ways Human Beings manifest the image of God to uniquely represent him in the world:

Who we are:

- Cognitive Reasoning ability. We are able to engage in complex reasoning.
- Our morale life. We have a moral compass; A basic sense of right and wrong.

Our Relationships: With God and with each other.

- **Matthew 22: 37-39.** “You shall Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest Commandment. And a second is like it: You shall Love your neighbor as yourself.”
- “When we relate to God, we are doing something that only God’s image bearers can do.”

What we do: Given dominion over creation

- **Gen 1:26** “Then God said “Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth.”

Humanity: Human Beings are made with a Body and Soul:

The Body and Soul are tightly bound together – **Proverbs 4:23** “Above all else, guard your heart for everything you do flows from it.”

- “The heart is the “initiator” of moral action and the body is the “mediator” of moral action.”
- “Our souls fail our bodies and our bodies fail our souls. These failures lead to sinful desires that leads to sinful behavior.”

A Broken and Restored Image: “The divine Image shattered by sin is restored in Christ. Jesus is the perfect image of God because he has no sin.”

“Counseling problems can be physical, spiritual, or a combination of the two. Problems people have are never merely medical. People exist with a body and soul. That is why God made the most central institution on earth to be the church, not Hospitals.”

Since counseling problems are related to some failure to accurately represent God, we need the Bible to show us where we are off course and to help us know how to get back to where we ought to be.